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Field to Fork – Second Helpings
Political release

Dear Cesti

Celebrate Australia's rich and varied wildlife with the highly-anticipated *Field to Fork – Second Helpings* cookbook.

This new instalment in the Field to Fork cooking movement encourages readers to source, prepare, eat and share alternative and healthy meat sources.

It follows on from the award-winning *Field to Fork – The Australian Game Cookbook,* which has graced many a kitchen across the country as Australians embrace a more local and sustainable approach to food.

On behalf of the Sporting Shooters' Association of Australia (SSAA) President Lance Miller, Chief Executive Officer and Managing Editor Tim Bannister and the SSAA Board, we offer this book to explain some of the many reasons our 200,000-plus members engage in recreational and conservation hunting in Australia.

The Field to Fork series focuses on sustainable sourcing of wild harvest food, which fits within our ethical, environmental and sustainability beliefs.

Maintaining a fit and active lifestyle, while respecting the importance Australia's fauna and flora play in sustainable harvest, is key to the Field to Fork vision.

SSAA cookbook creative director and recipe developer Natalie Kuhlmann says the range of recipes in the Field to Fork sequel is an ode to the exceptional opportunities we have in Australia to live off the land.

"Each and every recipe has been kitchen and dining-table tested and showcase Australia's unique wildlife including duck, goat, kangaroo, venison and pork," she says.

"Even camel and crocodile make the plate this time in a mix of recipes sourced from a range of contributors, including many SSAA members."

The SSAA, through its publishing arm, supports the Conservation and Wildlife Research Trust, a charity fund created to preserve our wildlife and natural environment.

For more information on the Field to Fork cookbooks visit: www.greataustralianoutdoors.com.au
For more information about the Conservation and Wildlife Research Trust visit: www.cwrt.org.au

