

Fly Shoot

SSAA Fly Shoot caters exclusively to rifles. It is a unique discipline as both the size of the groups and scores count towards a shooter's final result. Fly Shoot has its origins in the Benchrest discipline, with shooters who saw the need for a way to prove centrefire rifles under organised range conditions at 500m. Unlike short-range Benchrest, the match would be for group and score to encourage a higher degree of accuracy.



Firearms and classes

The Rimfire match allows for any .22LR rimfire rifle weighing no more than 7.711kg. The Centrefire match includes a Light and Heavy class, with both allowing any rifle up to and including .49-calibre (or the largest calibre allowed on the range). Light class has a 7.711kg weight limit including bipod. In the Heavy Centrefire class the rifle may have an unlimited weight, but it must be manually lifted onto the bench by a single person. Rifles are fired from a bench with a front rest and rear sandbag for support.

Courses of fire

Competitors are offered a warm-up target with unlimited rounds to confirm their zero and five targets for score. They may use only eight rounds per detail; three rounds for sighting on a sighting plate (paper, steel or other medium) and five rounds on the target to score.

Targets and scoring

The goal is to hit the 'fly', which is right in the centre of the target, as well as to shoot the five scoring shots into the smallest group possible for a maximum tally. The discipline includes Rimfire and Centrefire matches shot at 200 yards and 500m respectively. Both use an approved 10-ring target 220mm in overall diameter, with a 25.5mm 'fly' as the X.

The target comprises a possible 60.5 points, which entails 50.5 for score and 10 points for group.